

MANAGING MEDICATION AT WORK

Tips to manage your medication



Recommendations

It is important to ensure your Manager, Supervisor and Rehab Coordinator are aware of any medication you are taking whether this medication be as a result of personal injury/illness or from a work related injury.

Some medications may have possible side effects and or show up during routine site Drug and Alcohol Testing.

If you are aware that the medication you are on has potential side effects, these should be discussed with your Manager, Supervisor and Leading Hand.

Please ensure that these guidelines are followed:

- **Obtain a letter from your GP or Specialist about the medication you are on and carrying it with you at all times. Give a copy of this letter to your Manager/Supervisor.**
- **If undertaking a Drug & Alcohol Test whilst on-site, be sure to list or advise all medication (prescription & non-prescription) you are taking, and where possible show them the letter from the GP or Specialist.**
- **Ensure you have a copy of the consumer medicine information leaflet for each medication you are taking whilst at work. This leaflet outlines what the medication is for, how to use it, possible side effects and what to do if they occur.**
- **If drowsiness is a possible side effect of medication, it is recommended that machinery or vehicles are not operated**

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If you are unsure of correct dosages or have general questions regarding your medication, the National Prescribing Service can be contacted on 1300 633 424 to answer any questions.

Eliminate All Unsafe Acts & Conditions.

Davin Faux

Manager – Global Risk & Business Improvement

Health Tip Alert 20 130601 Managing your medication at work.docx

Actions for all Klinge Sites:

1. Review this Health Tip with all personnel and have each personnel member sign the acknowledgement form. Once all team members have signed, email acknowledgement form to safety@klinge.com.au
2. Post this Health Tip on your Safety Notice Board until the end of September 2013.
3. If you have any concerns related to the subject matter contained within this Health Tip please contact safety@klinge.com.au

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